



SEPTEMBER 11th FUNDRAISER IN HONOR OF FALLEN FDNY RESPONDER VINCENT ALBANESE

CHARITY: UNIFORMED FIREFIGHTERS ASSOCIATION WIDOWS' AND CHILDREN'S FUND

EVENT INFO: 9-9:30am – Registration
9:30-11am – YOGA MALA, 108 Sun Salutations/108 minutes of meditation
11-12pm – Run drills with former NFL legends such as Wesley Walker, Bobby Jackson, Bruce Harper and others
12-12:30pm – Autograph signing
12:30-1pm – Raffle drawing, **NEED NOT BE PRESENT TO WIN**
Prizes valued from \$300-\$1400

DATE & TIME: Saturday, September 11, 2010 from 9-1pm

LOCATION: Fieldhouse Bubbe at Hofstra University
Dome Road
Hempstead, NY

COST: Suggested Donation of \$25 for all who attend

PLEASE MAKE CHECKS PAYABLE TO: UFA Widows' & Children's Fund

PAY BY MAIL: Always-At-Aum Yoga School
170 Little East Neck Road, Suite #3
West Babylon, NY 11704

PAY ONLINE: <http://www.always-at-aum.com/contact.php>

QUESTIONS: Call Robin Appel at (631) 235-5307 or email info@always-at-aum.com



About Vinny: Vincent Albanese, a senior man for FDNY Ladder 38/Engine 88 for more than 38 years and Brigadier General in the New York Army Guard, spent his life saving the lives of others. His relentless pursuit of doing the right thing was exemplary and his bravery was gallant. With your contributions, you can help keep his legacy alive and provide support to the families of others who have sacrificed everything.